

THE HEALTH & FITNESS CENTER IS NOW IN PHASE 3 OF RE-OPENING WHICH INCLUDES THE EQUIPMENT ROOM, LIMITED CLASSES AND OPEN POOL.

WE ASK THAT GUESTS WEAR A MASK WHEN ENTERING AND EXITING THE BUILDING.

WE WILL CLOSE DAILY FROM 11 a.m. – 1 p.m. for deep cleaning.

HOURS DURING PHASE 3:

OPEN 7-11 a.m.

CLOSED 11 a.m. – 1 p.m. FOR CLEANING

OPEN 1-7 p.m.

The Health & Fitness Center is located at 253 Boving Rd., Lancaster, OH. It is in the lower level of the Olivedale Park Building. Memberships are available for adults 35 and up at annual fee rate of just \$24. The first year may be prorated, so your initial fee might be more than \$24 to get you on schedule to the next year. Available to those age 55 or older is the opportunity to join Olivedale Senior Center and enjoy all the senior programming along with the Health & Fitness Center.

We offer classes for all fitness types, levels and interests. Including: Pound Fit, Barre Fit, Pilates, Zumba, Dance Aerobics and indoor cycling.

*New for 2020, Run/Walk Club included in class membership.

Our Fitness Center is equipped with state-of-the-art equipment for those who wish to work out on their own. Including: Cybex weight machines, treadmills, rowing machines, cross trainers, elliptical trainers and more!

For just a \$20/month pass, all equipment, class offerings and the use of the warm therapy pool is included. Passes are available for multiple month purchases, but not required.

Use of the gym/equipment room is only a \$10/month pass.

Come be a part of Lancaster's best Health & Fitness Center and get healthy!!!

Form more info call the office at 740-687-6655.